

# Stroke & Vascular Check

Screenings are held at Humboldt County Memorial Hospital.

The **Stroke Screen** is for people who may be at risk for a stroke. Risk factors include family history of strokes, high blood pressure, cigarette smoking, heart disease, obesity, high cholesterol, heavy use of alcohol and lack of physical activity.

The \$35 screen includes:

- Risk factor questionnaire
- Blood pressure & pulse check
- Non-fasting cholesterol determination
- **Heart Rhythm** with 3-lead EKG for heart irregularity
- Ultrasound of the carotid arteries

The **Abdominal Aortic Aneurysm (AAA) Screen** is for individuals at risk for the development of an AAA. The greatest risk factor is a family history of AAA. Other factors include age (40 and older), male gender, tobacco use, high blood pressure and peripheral vascular disease. Cost is \$35.

The **Peripheral Vascular Disease (PVD) Screen** is for individuals at risk for the development of PVD. Candidates are individuals with diabetes, cardiovascular disease, smokers, those who experience difficulty walking or leg pain. Cost is \$35.

The **Osteoporosis Screen** is also available at the Heart & Stroke Check for individuals interested in learning if they are at risk of developing osteoporosis. Cost is \$25.

**The cost for all four screens is \$115.**

**No Medicare, Medicaid or private insurance accepted.**

Screenings offered at  
the *Humboldt County  
Memorial Hospital* on:

March 22

To make an appointment  
call, Trinity Healthy Living at

**515.574.6505**

*Vascular Surgeon, Dr. Michael Willerth, with UnityPoint Clinic - Surgery, reviews all vascular screening results and recommends follow-up care, if needed. Screening results are sent directly to the participant.*



**UnityPoint Health**  
Fort Dodge