

COMMUNITY WELLNESS SCREENING

WEDNESDAY, MARCH 9th - 6:30-8:30 AM

HCMH Foundation Conference Room (2nd floor)

LAB SCREENINGS AVAILABLE FOR THE FOLLOWING:

WELLNESS PROFILE PLUS.....\$40

- Hemogram, Blood Sugar, Creatinine, GFR, Potassium, Calcium, Total Bilirubin, Total Protein, Uric Acid, Cholesterol, HDL, LDL Calculated, Triglycerides and ALT (Kidney and Liver Function Tests)

WELLNESS PROFILE.....\$25

- Lipid Profile & Blood Sugar includes total Cholesterol, HDL, LDL, & Triglycerides

HEMOGRAM.....\$20

- Screen for anemia and infection

PSA.....\$40

- A screen for prostate cancer that is recommended for men over age 50 or those with family history

TSH\$35

- A sensitive test for thyroid functions

HEMOGLOBIN A1C\$25

- Test to screen for Diabetes. Estimation of average blood sugar levels in the preceding 3 months.

VITAMIN D TEST.....\$65

- Vitamin D is a hormone produced by the skin, carried by the bloodstream to the liver then processed by the kidneys. Vitamin D helps absorb calcium from the intestines and promotes bone mineralization. Vitamin D deficiency may lead to a variety of disorders, such as osteoporosis

BLOOD TYPE ABO type- RH type.....\$20

BODY COMPOSITION.....\$15

- Body composition, % body fat, hydration status, predicted muscle mass, BMI

BLOOD PRESSURE.....NO CHARGE

**For questions or to make
an appointment call
515-332-7606**



- Individuals should be fasting; no solid or liquid food for 12 hours prior to the screening.
 - Water and medications should be taken in normal amounts.
- Payments due at the time of service; insurance will not be billed.
 - Refreshments will be served.